

Are you a friend of a person with dementia?



Alzheimer's
Australia Vic
Living with dementia

Is there a person in your club who is showing signs of dementia?



This is a program you will not want to miss.

Staying connected and maintaining social inclusion in activities can help a person with dementia feel active, accepted and worthwhile, rather than isolated and alone.



This **FREE** three hour interactive program is specifically for **friends and companions** of people living with dementia. This session will help you to:

- understand what dementia is and its impact on your friend,
- appreciate the role you play as a friend or companion,
- maintain your friendship and provide you with ideas on how to do this.

Thursday 3 June 2010

10am - 1.30pm

Chalambar Golf Club

Golf Links Road, Ararat

light refreshments provided



If you would like to attend this **free** 'Friends and Companions' session, please phone **(03) 9815 7849** or email **companions@alzvic.asn.au**