



Dementia Education Services for families and carers

Considering Residential Care

Suitable for: Family & Friends caring for a person with dementia, who are considering Residential Care options.

Overview: This highly beneficial three hour workshop is an opportunity for participants to gain a greater understanding and insight into the residential care system. Presenters discuss when a person with dementia may require residential care and how to access these types of facilities. This workshop will be presented by an Alzheimer's Australia Vic Educator and Counsellor.

Cost: Free

Duration: 3 hours

When & Time	Thursday 20 May	1:00pm - 4:00pm (registration 12:45pm)
	Thursday 26 August	6:00pm - 9:00pm (registration 5:45pm)
	Thursday 21 October	1:00pm - 4:00pm (registration 12:45pm)

Note: Light Refreshments will be provided.



Funded by the Australian Government through the National Dementia Support Program. Australian Government

The Caring Role: A Compassionate Approach

Suitable for: Family & Friends caring for a person with dementia.

Overview: This supportive four session program provides an opportunity for family members to learn about the nature of dementia, the caring role and understand the importance of practical self-care strategies. Participants will learn how to respond to behaviours of concern, learn practical communication tips and how they can create a dementia-friendly home environment. Each participant will receive a resource folder with session notes and education materials.

Content:

- Effective communication strategies
- Manage continence
- Legal issues
- Self-care

Cost: Free

Duration: 3 hours

When & Time	Wednesday	5, 12, 19 & 26 May	10:00am – 1:00pm (9:45am registration)
	Wednesday	2, 9, 16 & 23 June	10:00am – 1:00pm (9:45am registration)
	Wednesday	1, 8, 15 & 22 September	10:00am – 1:00pm (9:45am registration)

Note: Light Refreshments will be provided.



Jointly funded by the Victorian and Australian Governments through the Home and Community Care (HACC) program.

All Courses will be held at: Alzheimer's Australia Vic, 100 Riversdale Rd, Hawthorn, 3122

BOOKINGS ESSENTIAL PLACES ARE LIMITED

Contact Education Services Tel **9815 7808** Fax **9815 7801** Email **edu@alzvic.asn.au**