

FREE

Information session for family carers – Box Hill

Suitable for

Families and friends caring for a person with dementia

(who live in the Eastern metropolitan region)



Topics include

- Overview of dementia
- Why behaviour changes
- Effective communication strategies
- A problem-solving approach to managing behaviours
- Looking after the carer

Date **Wednesday 28th April 2010**

10.00am – 2.00pm

Lunch provided

Where **Box Hill Community Arts Centre**

470 Station St, Box Hill (Cnr Combarton St)

Melways Ref: 47 D11

All day parking available on Combarton St



RSVP by 19 April 2010

For bookings and respite information:

***Villa Maria Carer Support Program
Eastern Region 1300 650 615***