



Family Carer Course

Suitable for: Family members caring for a person with dementia

Overview: This interactive and educational three day program is an opportunity for family members to explore dementia in greater detail, understand behaviours of concern and develop effective responses to behaviours. This course encourages participants to share ideas and engage with each other. This course will also explore the impact of dementia on the carer and provide participants with a variety of useful and practical communication tips.

Content:

- Effective communication techniques
- The impact of dementia on the carer
- Activities for living and pleasure

Features:

- Presented in partnership with Carers Victoria
- Participants can choose to complete assessment tasks and gain an accredited competency
- Some assistance is available for respite and transport

Cost: Free

When & Time	Monday 17, 24, 31 May	10:00am – 3:00pm (registration 9.45am)
	Wednesday 14, 21, 28 July	10:00am – 3:00pm (registration 9.45am)

Note: Lunch and Refreshments will be provided.

Funded by the Australian Government through the National Dementia Support Program.  Australian Government

Responding to Behaviours of Concern: A Problem Solving Approach

Suitable for: Families and Friends caring for a person with dementia

Overview: This two hour program will help participants to understand the nature of dementia and the behavioural and psychological symptoms associated with dementia. This session will provide an insight into sundowning, hoarding and repetitive behaviours. Participants will learn how to manage and cope with changing behaviours plus practical tips on how to communicate more effectively.

Cost: Free

When & Time	Tuesday 11 May	10:00am – 12:00pm (registration 9.45am)
	Tuesday 15 June	10:00am – 12:00pm (registration 9.45am)
	Tuesday 13 July	10:00am – 12:00pm (registration 9.45am)
	Tuesday 14 September	10:00am – 12:00pm (registration 9.45am)
	Tuesday 9 November	10:00am – 12:00pm (registration 9.45am)

Note: Light Refreshments will be provided.

Funded by the Australian Government through the National Dementia Support Program.  Australian Government

All Courses will be held at: Alzheimer's Australia Vic, 100 Riversdale Rd, Hawthorn, 3122

BOOKINGS ESSENTIAL PLACES ARE LIMITED

Contact Education Services Tel **9815 7808** Fax **9815 7801** Email **edu@alzvic.asn.au**