

# Are you a friend of a person with dementia?



Alzheimer's  
Australia Vic  
Living with dementia

## Is there a person in your club who is showing signs of dementia?



**This is a program you will not want to miss.**

Staying connected and maintaining social inclusion in activities can help a person with dementia feel active, accepted and worthwhile, rather than isolated and alone.



This **FREE** three hour interactive program is specifically for **friends and companions** of people living with dementia. This session will help you to:

- understand what dementia is and its impact on your friend,
- appreciate the role you play as a friend or companion,
- maintain your friendship and provide you with ideas on how to do this.

**Tuesday 27 July 2010**

**10am - 1.30pm**

**South Morang Civic Centre  
25 Ferres Blvd, South Morang**

light refreshments provided



If you would like to attend this **free** 'Friends and Companions' session, please phone **(03) 9815 7849** or email **companions@alzvic.asn.au**